



"Mermaid" by Janice Elder

"TRANSFORMATION"

A Shamanic Journey Workshop with Luisa Kolker

When: Friday, April 9, 6 p.m. through Sunday, April 11, 5 p.m.

Where: The Yoga Studio in Rehoboth Beach, Delaware

Tuition: \$350 if pre-registered before 3/9; \$375 after 3/9

Working with the technique of the core shamanic journey (departure point, power animal & intention), we will use the power of non-ordinary consciousness to re-sculpt our templates of pain and pleasure. We will do shamanic journeys, meditate, drum, move, share and adventure together.

This will be an extraordinary opportunity for you to connect with kindred spirits and to create a new personal mythology.

Bring: drum/rattle (if you have them); journal & pen, eye cover, blanket & medicine objects for the altar.

For more info: luisa@luisakolker.com; www.luisakolker.com; 505-660-9414

Luisa will be offering shamanic healing sessions before & after the workshop.